


	Veggies	Chicken, Turkey & Beef
MAY 17	x	CHICKEN
MAY 24	no deliveries	
MAY 31	x	
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JUNE 7	x	CHICKEN
JUNE 14	x	
JUNE 21	x	
JUNE 28	x	
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JULY 5	x	CHICKEN
JULY 12	x	
JULY 19	x	
JULY 26	x	
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AUG. 2	x	CHICKEN
AUG. 9	x	
AUG. 16	x	
AUG. 23	x	
AUG. 30	x	
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SEPT. 6	x	CHICKEN
SEPT. 13	x	
SEPT. 20	x	
SEPT. 27	x	
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OCT. 4	x	CHICKEN
OCT. 11	x	
OCT. 18	x	
OCT. 25	no deliveries	
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NOV. 1	x	BEEF
NOV. 8	no deliveries	
NOV. 15	x	TURKEY

 Eggs are delivered every other week.

Call in advance to suspend your subscription for vacation or if you're unable to pick up your share: **816.217.8115.**

Fruitful Hills CSA

A CSA (Community Supported Agriculture) consists of a community of individuals who pledge support to a farm operation, with the growers and consumers providing mutual support and sharing the risks and benefits of food production. (USDA)

Fruitful Hills is a cluster of small, horse-powered family farms located in north central Missouri. Our close-knit Christian community is committed to living and sharing the Abundant Life.

This is the fourth year that you are invited to take part.



Benefits

Fresher, healthier, tastier food from the farm.

The knowledge of where your food comes from and how it is produced.

Taking care of the environment by supporting sustainable farms and buying locally.

A connection to the land through recipes, newsletters, and Farm Day to tour the farm and enjoy old-fashioned fellowship.

Natural & Local Produce, Poultry, Eggs, & Beef

Early Bird Discount!

See inside for more information.

